

Free Vaccines



FLU & PNEUMOCOCCAL COVERAGE

You may get a free flu shot and/or pneumococcal vaccine by using:

- your Caremark card at a participating network pharmacy, or
- your health insurance card (BlueCross BlueShield or Cigna) at your in-network doctor's office.

The following vaccinations are free to members of the State Group Insurance Program:

- Injectable Seasonal Influenza Vaccine
- Intranasal Seasonal Influenza Vaccine (FluMist®), Intradermal Flu Vaccine (short needle) and Flublok
- Injectable Seasonal Influenza High Dose Vaccine
- Adult Pneumococcal Vaccine
- Pediatric Pneumococcal Vaccine

If you choose to use your pharmacy card,

To get the vaccine above at no charge, you must use a participating retail pharmacy. The current list of participating retail pharmacies is available at info.caremark.com/stateoftn.

If you choose to use your medical card,

Simply contact your in-network doctor's office and ask if they have the vaccines. You may get the vaccination at your doctor's office without a copay. (Note: if you are at your doctor's office for another reason or illness when you get your shot, the doctor may charge an office visit copay.) To find an immunizing pharmacy or retail convenient care clinic follow the instructions below.

BLUECROSS BLUESHIELD MEMBERS – Go to bcbst.com and click on Find Care

1. Log in to autofill your information, or choose either **BlueCross BlueShield Network S** or **BlueCross BlueShield Network P** for Tennessee providers or **BlueCard PPO (outside Tennessee)** for out-of-state providers.
2. Enter your location if you need to, then type either **Immunizing Pharmacist** or **Retail Convenient Care Clinic** in the search bar and select it from the dropdown.

CIGNA MEMBERS

1. Major participating pharmacies in your network that offer vaccines include: CVS, Kroger, Publix, Rite Aid, Safeway, Sam's Club, United Super Markets, Walgreens and Walmart which includes their family of pharmacies.
2. You can also ask your local pharmacy if they can bill Cigna. If so, simply present your Cigna card.